



I Believe: Why God Wants You Fit

Shawna Osman

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I Believe: Why God Wants You Fit Shawna Osman

We all want to lose weight and get in to shape, but the problem often lies not with the diet that we choose, but with our own internal struggles. "I Believe: Why God Wants You Fit" is a spiritual pick-me-up to light the fire in your heart and spark the determination in your soul to make the changes necessary to re-invent your life.

***A portion of the proceeds from each "I Believe" title is donated to ,a href="http://www.childrenscbf.org/">Leukemia research.

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