



SURVIVING NARCISSISTIC ABUSE (e - Self help series)

DR LINDA BASSON

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Narcissism is a personality flaw that has profoundly destructive effects on interpersonal relationships. This book, written by an experienced and privately practicing Clinical Psychologist and Psychotherapist describes narcissistic traits and details their impact on different relationships. The book then, using examples and notes from psychotherapy cases, outlines strategies to manage narcissistic personalities and to curtail the effects that they exert on their spouses, children and friendships.

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