



The Working Woman's Pregnancy Book (Yale University Press Health & Wellness)

Marjorie Greenfield

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This up-to-date guide addresses all the subjects you would expect to find in an authoritative book on pregnancy *plus* issues of special concern to the 60 to 80 percent of women who hold jobs during their pregnancies:

- Is my workplace safe for my developing baby?
- When should I tell my employer that I am expecting?
- How can I handle the discomforts of pregnancy when I need to work?
- What laws will protect me when I take medical leave?

The answers to these questions—and myriad others—can be found in the pages of this practical and reassuring book.

Dr. Marjorie Greenfield draws from her experiences as an obstetrician and working mom, and from more than a hundred interviews with mothers ranging from factory workers to high-powered attorneys, to create a unique resource for working women. Dr. Greenfield includes checklists for multitasking working moms-to-be, helpful illustrations, stories and advice from experienced mothers, and information on everything from planning a pregnancy to balancing life after the baby is born. *The Working Woman's Pregnancy Book* is an invaluable expert resource that will inform, reassure, and empower any working woman throughout the miraculous journey of her pregnancy.

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Earnest Koontz:

People live in this new morning of lifestyle always try and and must have the time or they will get wide range of stress from both day to day life and work. So , if we ask do people have extra time, we will say absolutely yes. People is human not a robot. Then we request again, what kind of activity do you have when the spare time coming to you of course your answer will certainly unlimited right. Then ever try this one, reading guides. It can be your alternative inside spending your spare time, often the book you have read is actually The Working Woman's Pregnancy Book (Yale University Press Health & Wellness).

William Pettigrew:

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