



# **The 100X Life:: 7 Simple Daily Habits That Will Transform Your Life, Unlock Your Greatest Potential, and Create a Life Beyond Your Wildest Dreams!**

*Stephen F. Skinner*

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“Still other seed fell on fertile soil. The seed grew and produced a crop that was a hundred times as much as had been planted!” Luke 8:8 (NLT) Have you ever wondered what was in God’s mind when he created you? What perfection and plan did he create you for? He saw you and he saw all you could be through the power of his supernatural grace. Are you living up to that potential? You weren’t meant to be overweight, tired, stressed, or overwhelmed. That’s not the life experience that God created you for. Inside this book, you will learn: 1. To look at your life in a different way. To look at your life and intention every day with eternity in mind. 2. To implement a set of seven new daily habits that will create remarkable growth. In this book you can learn and implement a natural and even supernatural process that will renew and transform your life. It will take you from a place of frustration, stress, and misery to a place of happiness, peace, and abundance. Along with that, you will gain more clarity, more energy, and more enthusiasm for life. You may even lose some weight, feel great, and look better, too! Anyone can benefit from applying the process outlined in this book: business owners and entrepreneurs, busy mothers, (who we all know are the true CEOs of their homes), pastors, ministry leaders—indeed anyone in leadership. We just have a short time here on earth to make a difference. We have a race to run. There’s a lot counting on you and we need you. The people around you need you. You’re no good to somebody if you’re sick all the time, if you’re not your best you. You can’t be used for all that God wants to use you for if you’re overwhelmed, if you’re stressed, if you’re preoccupied dealing with poor health, a rotten attitude, and a despairing state of mind. This book can help change all of that for you. You’re going to get incredible results in your life. Your focus, your energy, your mental clarity, and your way of dealing with other people will all improve. Most importantly, the fruits of this are the very best offered anyone at any time. So many people want to change their lives, but many never do. We get stuck, frustrated, and overwhelmed with life. We sometimes wake up at 2:00 am and think, “How did I get into this mess?” Until now.

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