



Breaking Seas: An overweight, middle-aged computer nerd buys his first boat, quits his job, and sails off to adventure

Glenn Damato

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FROM THE KIRKUS REVIEW: *"As a writer, Damato makes his rehabilitation of the craft surprisingly interesting . . . his pithy prose keeps the story speeding along."*

Do you have a dream to pursue but everyone says it's unrealistic? Or that you're not qualified? Too old, too out of shape? Or you don't have the "right experience?"

Glenn Damato was a forty-one year old software instructor who sought to exceed the bounds of his comfortable but humdrum existence. He embarked on an adventure for which he was miserably unprepared. Why do this? The goal was to become something he was not.

The "something" Damato strived to become was an ocean sailing skipper. Overweight and without boating experience of any kind, he decided to pursue his lifelong dream of sailing around the world on his own vessel.

Reckless? Dangerous? Idiotic? Call it what you will, Damato was determined to make the voyage a reality despite the obstacles.

Suddenly without the familiar security of his previous life, Damato was forced to conquer his anxieties while at the same time surviving the hazards and challenges of offshore sailing. As his experience and confidence mounts, he discovers he has indeed undergone a personal transformation – one quite different than he originally hoped, and in some ways worthier than he imagined.

Breaking Seas is a tale of ocean voyaging, but it's not just about sailing: the all-encompassing themes are rejection and disappointment – and our common human quest to get the most out of life despite being born into an imperfect universe.

Part sailing adventure, part philosophical pilgrimage, *Breaking Seas* is for everyone who's ever wanted to embark on an enterprise of some kind despite not meeting society's expected "qualifications."

"This is a story about our desire to be elsewhere, reborn and enhanced, because here and now are not enough," says Damato. *"But don't expect a sugar-coated fairy tale with just what you want to hear. I promise you an honest story truthfully told."*

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From reader reviews:

Jaclyn Davis:

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Randy Mosley:

A lot of people always spent their particular free time to vacation or maybe go to the outside with them household or their friend. Do you realize? Many a lot of people spent they free time just watching TV, or perhaps playing video games all day long. In order to try to find a new activity honestly, that is look different you can read a new book. It is really fun for you. If you enjoy the book you read you can spend 24 hours a day to reading a e-book. The book Breaking Seas: An overweight, middle-aged computer nerd buys his first boat, quits his job, and sails off to adventure it is very good to read. There are a lot of people that recommended this book. They were enjoying reading this book. When you did not have enough space to bring this book you can buy the e-book. You can more quickly to read this book through your smart phone. The price is not to fund but this book features high quality.

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entertaining but nonetheless delivering the information. The article author giving his/her effort to place every word into joy arrangement in writing *Breaking Seas: An overweight, middle-aged computer nerd buys his first boat, quits his job, and sails off to adventure* nevertheless doesn't forget the main stage, giving the reader the hottest and based confirm resource details that maybe you can be one of it. This great information can certainly drawn you into brand new stage of crucial considering.

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