



The Couple's Bond: A guidebook to promote relationship bonding and connection through self-discovery.

Melanie Ross Mills

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The Couple's Bond is a guidebook that promotes relationship bonding and connection through self-discovery. Using a step-by-step process, Mills introduces communication techniques that reveal a couple's compatibilities and differences. Through this process, Mills acts as a guide to bring a couple to a new level of interpersonal compatibility and deeper intimacy. You can read this book solo or as a couple—either dating, engaged, or married. Regardless of where you are along the partner relationship path, this book brings you to an understanding of what it means to fully relate to another person. The goal of this book is to help you reach and maintain a healthy couple relationship.

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