



## **A Selection of Modernized Recipes from Food in the Civil War: The South (American Food in History)**

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As companions to the first and second volumes in the American Food in History series we offer selections of recipes, updated and tested by food editor Jennifer Billock, using measurements and techniques that modern readers can use in their own kitchen. Arranged by main meal occasions (breakfast, picnic or lunch, dinner, dessert) these recipes—some familiar, some curious, all intriguing—will allow family and friends to get a “taste of the times” with their own “Civil War era” meals. The original versions of these recipes (and many more) can be found in *Food in the Civil War Era: The North* and *Food in the Civil War Era: The South*, edited by Helen Zoe Veit, along with fascinating essays about the history and the times.

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