



# Cooking with the Two Fat Ladies

*Jennifer Paterson, Clarissa Dickson Wright*

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**Cooking with the Two Fat Ladies** Jennifer Paterson, Clarissa Dickson Wright

**A recipe from Cooking with the Two Fat Ladies**

## SCONES

Makes about 12

Fresh scones, still warm from the oven, are part and parcel of the delicious teas of our childhoods. No one seems to make them nowadays; instead, they buy terrible things in supermarkets tasting of soda and studded with soggy fruits. Scones take but a moment, so do try them.

1 2/3 cups self rising flour  
small pinch of salt  
4 tablespoons butter  
2/3 cup milk, fresh or buttermilk.

Preheat the oven to 425 degrees F. Mix the flour and salt in a large bowl. Rub in the butter with your fingertips until it all resembles crumbs. Mix in the milk. Form into a soft dough with a metal spatula. Knead lightly on a floured board, then pat out into a round 3/4 inch thick. Cut into 2-inch rounds with a cutter.

Place the rounds on a greased and floured baking sheet and brush with milk. Bake for 10 minutes until well risen and brown. Cool on a rack, but eat when still warm, with lots of butter, clotted cream, and jam. Yummo.

Variations:

Fruit scones: Add 1/3 cup dried fruit and 2 tablespoons superfine sugar.

Savory scones: Add 3/4 cup grated hard cheese and 1 teaspoon dry mustard, or 1/3 cup minced olives, anchovies, or what you fancy.

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