



Healing Deep Hurt Within: The transformational journey of a young patient undergoing regression therapy

Peter Mack

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This book is one of those that is difficult to put down once started. It describes the amazing transformational journey of a young female patient in a hospital environment who had depression, insomnia, dissociative amnesia, suicidal thoughts, auditory hallucinations and flashbacks. When the traditional medical approached did not work she underwent past life and regression therapy with one of the surgeons in the hospital. This rapidly brought her out of the depths of despair and helped her to move on in life. It is a story of hope, inspiration and the dedication of a doctor's courage in facing the medical community with his beliefs of the power of regression therapy.

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