



Psychodynamic Group Psychotherapy, Fifth Edition

J. Scott Rutan PhD, Walter N. Stone MD, Joseph J. Shay PhD

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Regarded as the definitive practitioner reference and text, this accessible work addresses how to set up therapy groups and make them work. A wealth of clinical material illustrates the components of effective group therapy and the mechanisms and processes of change. Practical topics discussed include patient selection and preparation, leadership issues, communication of affect in groups, dealing with "difficult" patients, time-limited groups, and facilitating successful terminations. A chapter-length case example with commentary from each author brings an entire group session to life and explores ways to handle common dilemmas.

New to This Edition

- *Incorporates current theory (psychodynamic and interpersonal), and supporting clinical and neurobiological research.
- *Every chapter revised and updated.
- *Chapter-length case example is entirely new.
- *Chapter on Frequently Asked Questions includes many new issues.

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