



Vindicated: Confessions of a Video Vixen, Ten Years Later

Karrine Steffans

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For a decade, *Confessions of a Video Vixen* author Karrine Steffans and the details of her private life have been the subject of debate and scrutiny. But, as gossipmongers and critics speculated, assumed, and manufactured tall tales about the *New York Times* bestselling author, Karrine hid herself and her truth from the world, imprisoned by an abusive marriage and the judgments of society.

In *Vindicated: Confessions of a Video Vixen, Ten Years Later*, Karrine takes readers into the belly of the beast as she harrowingly chronicles the systematic breakdown of her mind, body, and spirit and the events that propelled her back to prosperity after losing everything. She candidly shares her struggle to be what others demand, her obsession with the American dream, her desperation to appear normal, and the price she paid for it all.

With a foreword from *Respect* magazine Editor-in-Chief Datwon Thomas, this dark, long journey into the life of an abused and tormented woman, wife, and mother uncovers a long-guarded set of painful personal truths, reveals the inspiring details of her life-saving triumph, and will change everything you thought you knew about Karrine Steffans.

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