



# You Can Teach Hitting

*Dusty Baker, Marvin L. Bittinger, Jeffrey R. Mercer*

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"Dusty Baker was a natural hitter and is a good communicator. I highly recommend this book as a teaching aid for players of all age groups." -- Hank Aaron *You Can Teach Hitting* is more than a set of instructions and guidelines for swinging a bat. It's a book written for baseball teachers--coaches, parents, even peers--who want to *teach* hitting better. And for hitters--youngsters and professionals--who want to learn to hit better. *You Can Teach Hitting* takes you from selecting your bat to selecting your pitch. From the science of the swing to the art of situational hitting. And it shows, step by step, how you can teach--or achieve--the "Three C's" of hitting--confidence, concentration, consistency--while avoiding the ten most common mistakes. And because baseball is a team sport, this book also provides hitting drills, specific approaches to hitter development by age, and tips on organizing more effective team practices. *You Can Teach Hitting* will help everyone get more out of their game. From beginning coaches to veterans. From teeballers to advanced hitters. It's pure baseball. A book that's bound to make the game more fun for young hitters--and more challenging for young pitchers. Johnnie B. "Dusty" Baker, an outstanding hitter through fifteen major league seasons, is the former batting coach and current manager for the San Francisco Giants, where he's helped develop hitters the likes of Will Clark, Matt Williams, Robby Thompson, and Kevin Mitchell. Jeff Mercer, a highly regarded hitting instructor and former assistant coach at Indiana University, brings a knowledge and experience of the game that will improve you as a coach or a hitter. Marv Bittinger, teacher and author of better than 100 mathematics textbooks selling over six million copies, contributes his proven writing talents and an unrestrained love of the game to this unique collaboration.

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