



# **40 Worth-it Life Quotes: The happiness project to supercharge your essence and realize the meaning of life**

*Jade the Mystic*

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HOW THIS BOOK SUPERCHARGE YOUR ESSENCE?

### 1. Sharpen your living intelligence

This handy book is written and designed to be understood simply straightforward. Read one quote each day and you realize the importance of the upcoming egocentric thoughts from mind. All quotes in this book are the real for thought-provoking. They are so ready to change your life. You can grow up with this book joyfully.

### 2. Enlighten you the nature of happiness

that everyone wants to achieve, and paradoxically their desire for happiness is also the obstacle for it. Happiness is simply right here and now. Within a few minutes, you will understand why you can become joyful NOW without any conditions. It is much simpler than you think. If it is not simple, it is not happiness. Simple is right. Simple is the true self.

### 3. Open your eyes to appreciate the life value inside you and become confident

For the one who is finding the meaning of life and the reason why you exist, this book is strongly recommended. The life value is always with you not in this book. It explains clearly why you can really enjoy and celebrate your life without the meaning. Do not misunderstand me. I would like to enable you to realize the value inside, but you should perceive that meaning has no business with it!

### 4. Enable you to drop any unnecessary stress and anxiety

with the bonus part about understanding meditation. Life exists for the happiness, so there is nothing worthwhile to be worried. Life is fun. Life is celebration. It truly changes the perception toward the mindfulness. You will learn the simplest idea to meditate so that you can transform and purify your energy. Just two minutes and your daily life will be spent with higher quality!

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