



All American Vegan: Veganism for the Rest of Us

Nathan J. Winograd, Jennifer Winograd

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Full of delicious recipes, shopping, cooking, and baking tips, as well as philosophy, trivia, and humorous observations regarding the increasingly popular but frequently misunderstood vegan lifestyle, All American Vegan has something for everyone. Aspiring vegans will find practical down-to-earth advice about making the transition to a vegan diet as convenient and uncomplicated as possible.

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