



Everyday Vegan Mediterranean Slow Cooker Cookbook: Easy and Delicious Mediterranean Slow Cooker Recipes for Busy Vegans

Karen Braden

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GET READY TO FILL YOUR SENSES WITH TANTALIZING AROMAS FROM THE MEDITERRANEAN! Everyday Vegan Mediterranean Slow Cooker Cookbook utilizes the ways in which the Mediterranean culture fuels themselves with the appropriate richness of unsaturated olive oils, grains, breads, fiber-rich vegetables, and the occasional fruits. The cookbook combines these Mediterranean food values with a clean vegan lifestyle. This cookbook features recipes with a passel of influences the world over: from Morocco to the Southern United States. Each mouth-watering recipe follows the direct Mediterranean and Vegan guidelines; each understands that the proper slow cooker meal can warm a soul in the middle of a very cold afternoon. And each is incredibly easy to prepare: just toss your ingredients into the slow cooker and appear back approximately eight hungry hours later for a nutrient-rich, health-conscious feast the whole family can enjoy! **SCROLL UP TO GET YOUR COPY TODAY!!!**

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