



# How To Stop Farting

*Trevor Johnson*

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## **How To Stop Farting** Trevor Johnson

How to stop farting - it's a lot easier than you think and it saves having to blame someone else (or the dog) every time you fart.

This easy to read report will show you how you can overcome your wind & flatulence naturally, even if you seem to have the smelliest farts in the world.

If you suffer from excessive farting then here's how to stop farting or at least make the experience more pleasant for people close to you so that you don't stink the place out.

## **Here's what's covered in this anti-flatulence guide:**

- What is a fart?
- What foods encourage farts?
- Ways to stop farting.
- Other remedies for excessive farting.

It's practical advice on stopping farting and it's discreet - unless they look over your shoulder, no-one will know you're reading about how you can stop farting on your Kindle!

Discover lots of simple ways that you can reduce your wind and flatulence in this easy to read guide on how to stop farting.

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